

Freezer Meal Inventory

- Crockpot Ranch Shredded Chicken Tacos 1 bag
 - Crockpot meal
 - Needs: Soft tortillas, shredded cheese, salsa, guac, etc.
 - (Soft tortillas are also in freezer)
- Chicken Pot Pies 6 small loaf pans
 - Oven meal
 - Fully cooked
- Pork Strips 2 small bags
 - For stir fry or even spring rolls
- Tuscan Chicken Pasta Bake 1 9x13 pan
 - Oven meal
 - Fully cooked
- Creamy White Chicken Chili "Souper Cubes"
 - Fully cooked
 - Probably needs stovetop reheating, possibly crockpot
 - Needs: 4 oz. cream cheese and ¼ cup half + half day of, plus shredded cheese, tortilla chips, sour cream, etc.
- Crockpot Zuppa Toscana Soup with Sweet Potatoes 1 bag
 - Crockpot meal
 - Needs: French bread, side salad
- Crockpot Chicken Sausage & Peppers 1 bag
 - Crockpot OR oven meal
 - Fully cooked
 - Needs: rice
- Sloppy Joes 1 bag
 - Stovetop reheat meal
 - Fully cooked
 - Needs: Sandwich buns, side salad or veggies, fries
 - (Buns are also in freezer)

- Taco Meat 1 bag (2 lbs.)
 - Fully cooked
 - Stovetop reheat meal
 - Needs: Soft tortillas, shredded cheese, salsa, guac, etc.
 - (Soft tortillas are also in freezer)

- Chicken Broccoli Rice Casserole 1 9x13 pan
 - Oven meal
 - Fully cooked

- Sausage Breakfast Casserole 1 9x13 pan
 - Reheat in oven or portions in microwave
 - Fully cooked

- Energy Balls 3-4 quart size bags

- Morning Glory Muffins 1-2 bags

- Banana Coconut Chocolate Chip Muffins 2-3 bags

- Healthy Instant Oatmeal Packets 52 individual packs

- Smoothie Packs 14 individual smoothie size bags
 - Includes juice and yogurt
 - Can add additional juice, milk, or water