

Mixed Berry Overnight Oats

INGREDIENTS:

- 1 + 1/4 cup steel cut oats
- 1 cup almond milk (I use the vanilla flavor)
- 2 cups Greek yogurt (I LOVE using a Honey Vanilla or even Honey Strawberry variety)
- 1 package fresh strawberries, cut and diced
- 1/2 cup blueberries (or other fresh berries - blackberries work well too)
- 1 tsp. vanilla extract
- Cinnamon, to taste

DIRECTIONS:

In a large bowl, combine oats, almond milk, and Greek yogurt. Make sure strawberries are diced small, then add all berries to the bowl. Add vanilla and a dash of cinnamon. Stir well with a spoon or fork. Pop the bowl of oats into the fridge overnight! Enjoy for breakfast for several days!

